

# AJMAL-2007

*in the memory of*

MASEEH-UL-MULK

LATE HAKIM AJMAL KHAN SAHIB



(1868-1927)



*Released by:*

MASEEH-UL-MULK

**HAKIM AJMAL KHAN MEMORIAL SOCIETY (REGD.)**



श्रीमती पनबाका लक्ष्मी  
Smt. PANABAAKA LAKSHMI



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स्वास्थ्य एवं परिवार कल्याण  
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NIRMAN BHAVAN, NEW DELHI-110108

12<sup>th</sup> October 2006

## MESSAGE

I am pleased to know that Maseeh-ul-Mulk Hakim Ajmal Khan Memorial Society, Delhi is organizing Hakim Ajmal Khan Global Awards Presentation Ceremony for the Year 2007 on the 2nd November and is planning to bring out a souvenir *Ajmal-2007* on the occasion.

Maseeh-ul-Mulk Hamkim Ajmal Khan made important contribution to the development of education, research, pharmaceuticals and healthcare in Unani Medicine. It is a matter of great satisfaction that Hakim Ajmal Khan Memorial Society is paying homage to the Maseeh-ul-Mulk through the organization of Global Awards Presentation Ceremony in his memory.

**I wish the Society all success in all its endeavors.**

  
(PANABAAKA LAKSHMI)

# Ancient Vedic Science to Solve the Problems of Modern Times

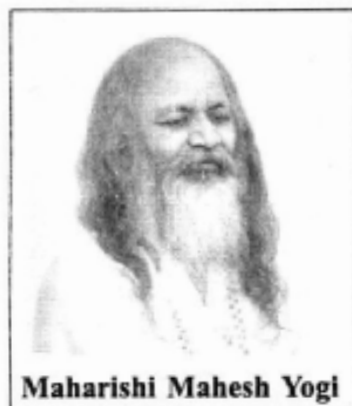
\*Lothar Pirc



As the Chairman of the Maharishi Ayurveda Health Centre of Bad Ems, Germany, I feel very privileged to have been asked to write briefly about Maharishi's Vedic Science in this prestigious journal.

## India as the Land of the Veda

India is the Land of the Veda and has provided an immense richness of knowledge to the world. Only recently has modern science matured enough to appreciate the enormous depth of Vedic knowledge. One individual I feel particularly indebted to, a great scholar and sage of the Vedic Tradition, is Maharishi Mahesh Yogi, who has opened up the enormous treasures of the Vedas to the



Maharishi Mahesh Yogi

modern world. Maharishi has re-arranged and organized the vast Vedic knowledge into a systematic body of knowledge – Maharishi Vedic Science - which can now be accessed by modern science. He has also shown the practicality and benefits of Vedic knowledge for all areas of life. He also introduced Ayurveda on a large scale to the West as the most complete science of health. But his foremost achievement has been to enliven the knowledge of Yoga and provide a simple, natural, yet highly effective technique of meditation to the world, known as Transcendental Meditation, which he received from his Guru Dev, Swami Brahmananda Saraswati, Shankaracharya of Jyotir Math. Through this simple, natural technology he unlocked the experience of the basic field of life, "pure Consciousness", and higher states of consciousness to

millions of people throughout the world.

I have had the great fortune and privilege to work directly with Maharishi and receive his guidance in projects in many countries related to health, education and world peace over 30 years. I have always been full of admiration for his unique ability to make complicated things simple.

**The big problems of the world need a new approach, a new knowledge.**

**The Discovery of the field of Veda - the Unified Field of all the Laws of Nature - by modern physics has the potential to solve major problems the world is facing.**

Veda means "science" or "knowledge", total knowledge, knowledge of the all-pervading field of intelligence administering the whole universe, knowledge of the field of transcendental consciousness. The ancient Rishis of the Himalayas such as Vasishtha and Veda Vyasa discovered in the silent levels of their awareness the field of the Veda. This field was directly experienced to be a self-referral state of consciousness which is unbounded, unchanging and the source of all existing things. That experience is expressed in the ancient Vedic literature.

Today, modern physics has identified the Unified Field at the basis of the entire manifest universe, thereby realising Einstein's dream. Quantum field theory has mathematically described the unified source of the four fundamental forces of nature in a single supersymmetric field – an



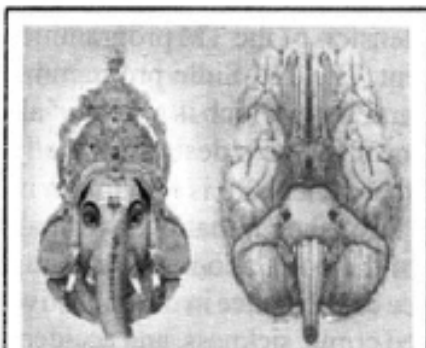
unbounded continuum of non-changing unity.

This unified field gives rise to the observable matter and force fields through a process of sequential symmetry breaking. Every field of science (and every academic discipline) is now discovering that its ultimate source lies in the unified field.

In collaboration with leading physicists, such as the world-renowned Dr John Hagelin, Maharishi has integrated the eternal knowledge of Vedic Science with that of modern science, so that they are seen as complementary methods of understanding the same Unified Field. Maharishi's Vedic Science provides a complete method of experiencing and comprehending the unified field of all the laws of nature, based on a synthesis of subjective and objective approaches of gaining knowledge. Maharishi's Vedic Science provides complete knowledge of consciousness, in which the three fundamental elements of *knower*, *process of knowing* and the *object of knowledge* (Rishi, Devata and Chandas) are united in a unified state of pure knowledge.

### New Discovery of Veda in the human physiology

The neurophysiologist Prof. Tony Nader, M.D. PhD. analysed all the branches of Vedic literature: Rik-Veda, Sama-Veda, Yajur-Veda, Atharva-Veda, Gandharva-Veda, Dhanur-Veda, Sthapatya-Veda, Shiksha, Kalpa, Vyakaran, Jyotish, Chhanda, Nirukta, Nyaya, Vaisheshika, Samkhya, Vedanta, Karma-Mimansa, Yoga, Ayur-Veda, Smriti, Purana, Itihasa, Upanishad, Aranyaka and Brahmana. After intensive research and analysis he discovered an exact one-to-one relationship between the human physiology and the different areas of Vedic literature, on both the structural and functional levels. Furthermore he detected that the different Devatas like Ganesha and Lakshmi also have their seat in the human physiology. All the planets such as Surya, Chandra etc. have their correspondence in the human brain and also in each cell of the body.

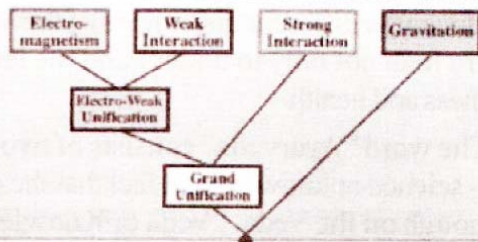


In this picture we see the the close similarity between the face, trunk, and ears of Ganesh, and the pons, medulla and cerebellum in the

When a disease is occurring somewhere in the body obviously the intelligence of that part of the physiology is disturbed. And through the appropriate sounds – specific mantras - the intelligence of the physiology can be enlivened and diseases can be cured.

### Discovery of the Unified Field

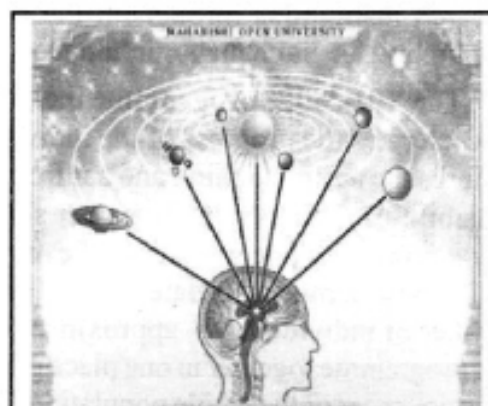
Unification of the Four Fundamental Forces of Nature



Super Unification

**UNIFIED FIELD**  
OF ALL THE LAWS OF NATURE

*Total Potential of Natural Law*



A section of the brain showing its internal structures, and thier one-to-one relationship with the nine "cosmic counterparts", the nine Grahah (planets).

### **Maharishi Ayurveda includes different branches of Vedic Science**

The great exponents of the ancient Vedic tradition discovered the capability of the human mind to settle into the field of Atma, pure consciousness (the Unified Field). From the experience of pure consciousness different disciplines of the Veda have emerged, which when practically applied help modern man not only to understand the laws of Nature but also help him to live a life in growing happiness and health.

The word "Ayurveda" consists of two parts. One is Ayuh -life, science of life- and the other is Veda - science or knowledge. I feel that the emphasis in the past has been more on the Ayuh part, and not enough on the Veda. "Veda or Knowledge is structured in consciousness". So the element of consciousness has again an important part in Maharishi Ayurveda just as in the times of the ancient Rishis: Since only the complete knowledge of the Veda can achieve complete success and health in life, we offer the authentic form of Ayurveda (Maharishi Ayurveda) that includes Pulse-reading, Panchakarma, Rasayanas and about 800 different Ayurvedic herbal compounds that are authentic and quality-controlled, and free from contaminations such as herbicides, pesticides, heavy metals, and other impurities. Maharishi Ayurveda has earned independent quality certifications: ISO 9001, GMP and HACCP. Moreover Maharishi Ayurveda also uses all the other Vedic approaches, such as Jyotish, Gandharva-Veda, Sthapatya Veda, Vedic Organic Agriculture, and Yoga including the Transcendental Meditation technique to experience pure consciousness and bliss.

### **Vedic technologies of Consciousness: Transcendental Meditation and the TM Sidhi-programme**

**Transcendental Meditation (TM)**, as taught by Maharishi Mahesh Yogi, is a simple, effortless technique practised for 15-20 minutes twice daily. It requires no belief, nor any change in life-style or diet, and can be easily learned by anyone regardless of age, education, or culture. More than four million people have learned the technique worldwide. During the practice of Transcendental Meditation, mind and body settle down to experience a unique state of restful alertness. As the mind becomes more silent, the body becomes deeply relaxed. At the most settled state of awareness, the mind transcends (goes beyond) all mental activity to experience the simplest form of awareness, Transcendental Consciousness – the field of Atma. Hundreds of scientific studies have been conducted in the past 30 years at 250 universities and prestigious research institutions throughout the world validating the benefits of TM for health, mental functioning, social behaviour and world peace.

The **TM-Sidhi programme** including Yogic flying is an extension of the TM programme. It accelerates the progress of the individual towards enlightenment. The TM-Sidhi programme cultures the ability to think and act from the Unified Field of Natural Law, which is a field of all possibilities. This results in greater skill in action – the ability to fulfil one's desires naturally while promoting the evolution of everyone. EEG studies show that coherence is maximum in brain wave activity. To date, over 40 scientific research studies have shown that even a small number of individuals — approximately the square root of 1% of the population — practising this programme together in one place generates a powerful influence of coherence in the collective consciousness of the whole population. Studies have shown reduced crime, sickness, and accident rates, as well as decreased international conflict and social turbulence.

### **Sthapatya-Veda**

Sthapatya-Veda (Vedic Architecture) is building and city planning in accord with Natural Law. Scientific studies show that neurons in the thalamus actually fire differently depending on which direction

a person is facing. The purpose of Sthapatya-Veda is to align individual intelligence with cosmic intelligence thereby providing nourishing, health-creating and fortune-creating influences for the individual and families.

#### **Gandharva-Veda Music**

Thousands of years ago in India, great Rishis cognized within their own consciousness the subtle rhythms and enlightening melodies of the Veda, which is pure knowledge at the basis of Nature. Gandharva Veda is the tradition of musical performance that replicates the vibrations of Nature at different times of day and night to enhance the qualities of greater courage, self-confidence, wisdom, and happiness.

#### **Maharishi Vedic-Organic agriculture (MVOA)**

MVOA uses the creative impulses of the Laws of Nature – Vedic primordial sounds – to promote the healthy growth of food plants and increase the value of health-promoting nutrients in them.

#### **Maharishi Jyotish and Yagya**

Maharishi Jyotish is a precise mathematical approach which contains the knowledge of the cycles of time which bring about all transformations from the moment of birth. The knowledge of Jyotish allows to determine future health hazards or possible mishaps.

Maharishi Yagya is the Vedic technology to prevent harmful events from happening – and so to secure the support of Nature for one's life.

#### **Maharishi Schools**

Some hundreds of Maharishi Schools in different parts of the world incorporate the Vedic technologies of Consciousness in their curriculum. Through this Maharishi school and university students have excelled in many competitions and national comparisons. For example, they belong to the first one percentile of national high achievers in their educational field.

#### **Large scale peace projects to create permanent world peace**

Ancient records in the Vedic literature speak of peaceful times of prosperity, of no wars, and the eradication of cruel diseases that torture mankind – attributes of a society where the individual enjoyed higher states of consciousness.

During the past 20 years many projects have shown the coherence-creating effect of the TM and TM-Sidhi-programme. The so called "Maharishi Effect" is observed whenever a group of experts in Maharishi's Vedic technologies of Consciousness practises these techniques together. Results include a reduction of negative trends in a city, a province or a nation as seen by a decrease of crime rates, accidents, mortality rates, number of war incidents as well as improvements in indicators of the quality of life. Scientists have discovered that if in such groups the number of participants exceeds the square root of 1% of the respective population, a phase transition takes place towards a society exhibiting more positive, evolutionary trends. Holland and the United States of America have been pioneers in building such invincibility assemblies to turn the destiny of their nations towards progress, prosperity and peace. The outcomes so far have been astounding (see [www. Invincibleamerica.org](http://www.Invincibleamerica.org)).

#### **Invitation for action**

I would like to invite cordially in particular all the people of India to get to know your own heritage and enormously rich culture and knowledge more deeply, and enjoy the great practical benefits in your own lives. I would like to invite all the leaders of Indian society from all the areas of life such as

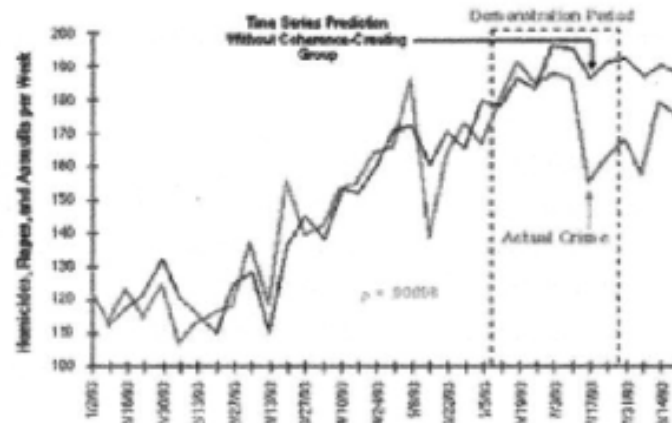


government, education, health, agriculture, commerce and industry to make use of these most profound and scientifically validated Vedic approaches for the benefit of your institutions and for the country as a whole, so that the Vedic expression Vasudaivah kutumbakam – the world is my family – as declared by ancient Rishis of India will become again a reality of today, a healthy and peaceful world.

Leaders of Indian society who wish to implement in their area of responsibility one or more of the described Vedic Approaches for the benefit of society are invited to contact me directly for advice and help at: [lothar.pirc@ayurveda-badems.de](mailto:lothar.pirc@ayurveda-badems.de)

A 21 percent reduction in the most violent crime categories was reported when over 4,000 people from 62 countries gathered in July of 1993 in Washington, D.C. to practise the Transcendental Meditation and Yogic Flying programs. A final report by a 27-member independent team of scientists and community leaders found that the crime drop was consistent with the predicted causal role of the group of Yogic Flyers

**Time Series Analysis of Violent Crime Data  
January through August 1993**



This study shows the decrease in violent crime rate (orange line) when over 4,000 experts gathered in Washington, D.C., in July, 1993 (shown in highlighted section). Scientists took into account changes in policing, weather patterns and all major factors known to affect crime rates. This chart also shows a time-series analysis prediction without the coherence creating group. *Reference: Social Indicators Research 47: 153-201, 1999*

*When the numbers of yogic flyers increases, the level of violence in society goes down. Over 40 scientific studies have now validated this phenomenon, which offers the possibility to raise an action to invincibility just by engaging a group of yogic flyers. This could be archived by any government, or even by one wealthy individual.*

\*Lothar Pirc, the winner of this years Vedic Social Service Award is managing director of the renowned Maharishi Ayurveda Health Centre Bad Ems, Germany. He has studied Vedic Science at Maharishi Vedic University in Vlodrop, Holland and is also a teacher of Transcendental Meditation. He has presented and implemented the Vedic knowledge mainly in the areas of government, health, education and world peace in many different countries over the past 33 years. More than 12,000 patients with many chronic diseases have been treated successfully in his Maharishi Ayurveda Clinic since 1992. He and his wife the leading medical director have received many prestigious awards and certificates from Germany, India and Russia.